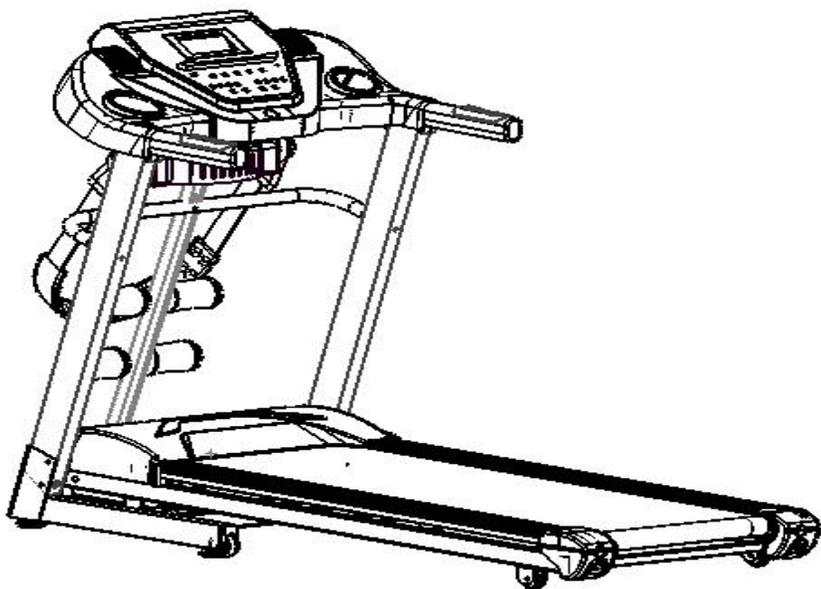


# Luxury Electric Treadmill

## USER'S MANUAL





*⌘ : The use of this product must read the instructions carefully before pay attention to the relevant matters the company reserves the product changes and without prior notice of right*

# Contents

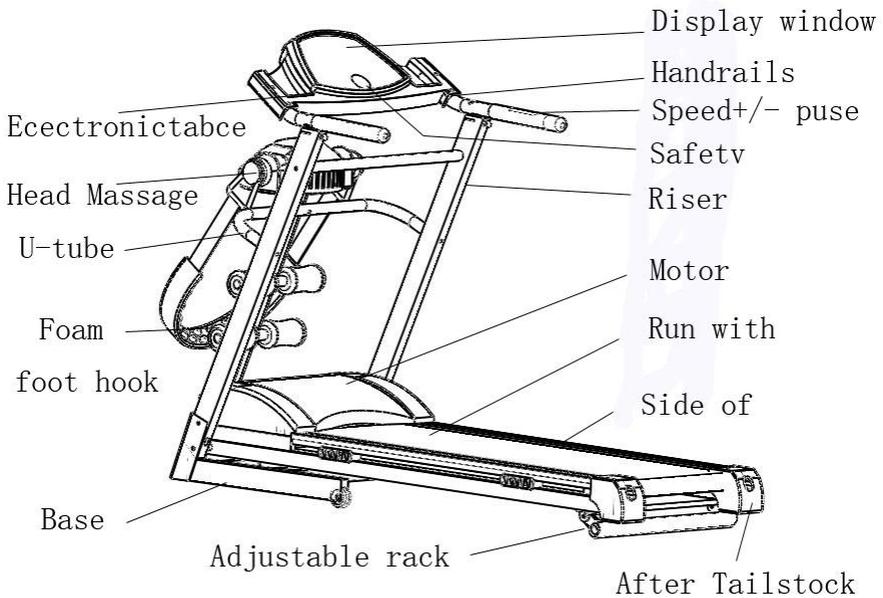
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# 1、 Safety Precautions

**Tips: Because technology continues to improve, if the company changes to the final interpretation of all.**

- Treadmill suitable place in the room to avoid wet; do not allow water to splash on a treadmill and put in the machine or insert any foreign objects.
- Ground to be flat, smooth place to confirm the treadmill, the foot and reliable ground, before use.
- Power plug must be grounded, the same supply line as far as possible avoid the use of other electrical appliances.
- Use the treadmill should wear suitable sports clothing and sports shoes, is prohibited on a treadmill barefoot movement.
- Two or more persons is strictly prohibited while on the machine, the maximum load of 110 kg.
- Standing to bring prohibited ran up and running before standing side bar, hand rails, before starting the normal movement on the machine.
- If you feel any discomfort in use or unusual circumstances, press the stop button or pull off the safety lock, prop up the body with both hands while holding the handrails, two feet on the side bar, under the treadmill from the side.
- Heart rate sensor does not belong to medical devices, has allowed a number of reasons can cause testing, test results for reference only.
- Heart disease should not use the treadmill alone, varied pace and prohibit the use of automatic feature.
- Depending on your physical condition, to determine the speed, the infirm should be used under the guidance of doctors.
- Please turn off after using the treadmill power.
- Treadmill should be placed in a more spacious area that is prohibited to place articles, there are 2m × 1m to ensure the security of the region.
- Children can not use the treadmill alone, if you use should be used under the supervision of adult.
- To prevent children from accidentally starting the treadmill after use please turn off the treadmill power, then remove the safety lock into place where children can not get.
- Should avoid prolonged overload, overload may result in motor, controller damage, speed bearings, running with the running board of the aging.





**Technical parameters:**

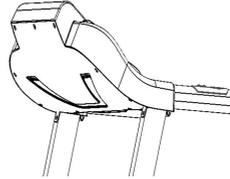
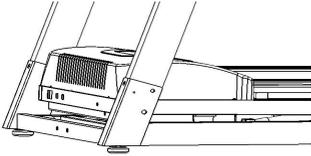
Max Loading Capacity	110kg	
Dimension	Folded :1700*780*340(mm)	
	Unfolded : 1650*700*1300(mm)	
Effective running area	1230*430(mm)	
Motor peak power	1880W(2.5HP)	
Speed	1.0-14 km/h	
lift(slope)	Manual two tranches	
Function	Running, hips, sit-ups, massage.	
Weight	Net weight: 62 kg	GW: 68kg

## Packing List:

Packing List (Different models not same)			
Whole machine		Function fame	
U type handle bar (multi-function)		Massager Head (multi-function)	
Twister Disk (multi-function)	 	Dumbbell (multi-function)	
<b>Tool kit (See attachment)/ User's Manual/Certificate of conformity/ Warranty card /(MP3 cable  )</b>			
No	Name	Q'ty	Remark
1	Half-round cap screws M8×80	2	Used for "U" pipe and the stand pipe
2	Half-round cap screws M8×55	2	Used in vertical pipe assembly with the base
3	M8 Nut 2 pc		safety lock
4	Multi-function screwdriver 1 pc/5mm、6mm Hex		
5	13-15 wrench 1pc/ Lubricant 1 bottle		

### 3、Installation Guide:

Installation Tips : in order to eliminate the error, please don't be installed at each step in the bolt tighten completely, and the machine after the installation is complete, then fully tighten all bolts

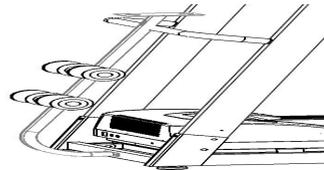
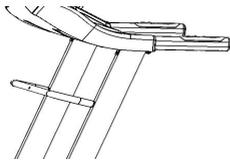


#### 1、 Vertical tube:

1, The vertical tube and electronic form, up M8 x 55 screws 2, passes through the lower connecting hole, and the screw nut.

#### 2、 DIGITAL WATCH:

with two M8×55 screws and several pads through the connector on the vertical tube. Screw them.

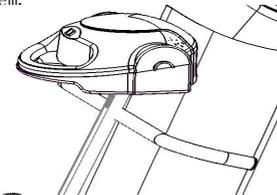


#### 3、 U-tube:

(1) with four M8×70 screws and several pads through the threaded hole of u-tube. Screw them.

#### 4、 FUNCTION FRAME:

Two M8×55 screws, four pads and two nuts through the holes of function and u-tube. Screw them.



#### 5、 Head of massage machine

Firstly, unscrew three screws under the head of massage machine, secondly, put the head on the iron of function frame, overlapping the hole right, then screw it, put the massage

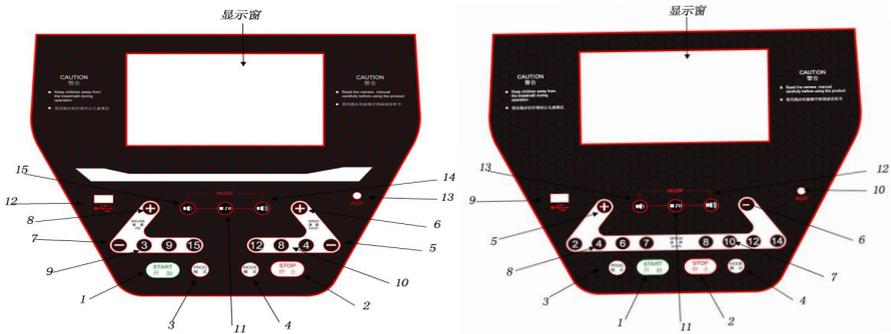
#### 6、 SAFETY LOCK:

Plug power, turn on the switch and put safety lock on the form which is in the screen, press START. You can run. (Attention: beginners start from low)

# 4、Product Usage Instruction

## Electronic keys function

### LCD Display window



- ①Start ② Stop ③PROG ④Mode ⑤Speed up/down ⑥ Speed shortcuts  
⑦MP3 socket ⑧USB socket ⑨ +/- Song ⑩ USB, MP3 select

#### 1 Electronic key function explains:

- 1.1. P0 for users set training program, the P1-P8 for built-in automatic training program, BODY FAT for body fat test function;
- 1.2. 4.5 inches high definition LCD display screen, 13 operation key, or so the handle shortcut key functions;
- 1.3. Stereo MP3, USB player function;
- 1.4. The running speed of the range: 1.0 to 14.0 KM/H
- 1.5. Heart rate detection range: 50 to 199 BPM;
- 1.6. Over current protection, overload and rushed, flying car, the explosion of electromagnetic interference and other security protection function;
- 1.7. System self-check, abnormal information prompt functions.

#### 2 LCD window display:

2.1. "Time, DISTANCE, CALORIES, SCAN" window: Located in the upper portion of the LCD ,When a current display system version number, Stop state in, Show the training program in the running state of the serial number, showed the distance of the numerical, fat in the program, display Settings project serial number; Running machine is running display 5 seconds countdown; PAUS show in the suspension; STOP the process shows STOP; Automatic program to run to the END of the show when END ; Often state display ERR tip serial number

2.2. TIME window: Main show time value;

2.3. PULSE windows: Show Heart rate value.

2.4. SPEED window: Display speed value

2.5. a circular dial: located in the upper portion of the LCD, stop state dynamic display of circulation, the operation state the user program (P0) said in a MODE0 400 M circular runway, each said 20 M distance; In other mode or automatic program, the operation of the set value instructions progress, each said one over twenty of the set value;

2.6. Even the safety lock, full-screen “---” ;

### 3 the keyboard operation explanation:

3.1 “PROG” : program select key, stop state, the circular selection process P0 ~ P8, FAT;

3.2 “MODE” : MODE select key, stop state, in P0 cycle options in the countdown-pour plan-pour plan calories-mileage is timing of total four kinds of operation MODE; In P1-P8 for countdown default value between reset button (30 minutes); In the FAT of choice in body FAT in the test project serial number: F1 and F2, F3, F4, F5; Operation condition for on screen “DISTANCE/CALORIES/SCAN” showing that the select key;

3.3 “START” : START/stop button, at the stop state, START running machine; In the operation state, stop running machine;

3.4 “STOP” : the STOP button, 1. In the operation state, STOP running machine; 2. ERR that message, remove a display information;

3.5 “+” : speed add key, at the stop or measured lipid status, set parameters for Add key, in the operation state, for speed Add key;

3.6 “-” : the key decline, at the stop or measured lipid status, set parameters for diminishing key, in the operation state, decline for the key;

3.7 “QUICK SPEED” : SPEED shortcut, the treadmill operation state, the set SPEED directly for keys specified value;

3.8 “VOLUME +” : the VOLUME Add key;

3.9 “VOLUME-” : VOLUME diminishing key;

3.10 “USB/MP3” : USB (SD card) / external MP3 function select key;

3.11 “” : in USB (SD card) play state, a select key;

3.12 “” : in USB (SD card) play state, a select key under;

3.13 left the handle “START” : the handle START/stop button; Function and the keyboard start/stop key same;

3.14 left the handle “STOP” : handles the STOP button; Function and the stop button keyboard same;

3.15 right the handle “SPEED+” : the handle SPEED Add key; Function and the speed of the keyboard Add key same;

3.16 right the handle “SPEED-” : the handle decline key; Function and the keyboard decline the same key.

#### 4 SEFETY LOCK FUNCTION:

Safety locks consist of magnetic sensors, clothes-pins and nylon ropes, which have the function of urgent halt for security. In any state, as long as the safety lock off position, always disconnect the power treadmill

●The screen will show “E-07” with warning tone and the keyboard of the electronic watch allow no operation. The whole screen will display for 2 seconds and then enter working state with default settings after putting the safety lock away every time.

#### 5 MP3 player instructions:

The spreadsheet has a dual-channel stereo sound inside and connects with an external MP3 headphone jack and has the mute function with no signal.

“VOL +”, “VOL-” key can be used to adjust the volume at any time.

#### 6 Safety Guide:

6.1 Plug the power cord in the 10A power outlet with safety ground. Turn on the power switch, spreadsheet screen full displays accompanied by tone, then identify safety lock;

6.2. Put the safety lock into the position on the spreadsheet and clip the clothespin to the clothes on his chest. Then after full displaying 2 seconds, the screen enter the default working state: clear all counters, reset settings, running machine is in the timing model of training program P0.

6.3 press “PROG” button cycle choose a program: P0 ~ P8, FAT;

A) “P0” for the user defined procedures, press the “MODE” button cycle choose 4 kinds of training MODE, the training speed and slope by users set, the default value: speed 0.3 KM/H, slope of 0%. Training mode 1: is planning time, time and distance, are counting calories, shut off the set function; Training mode 2: between the countdown, set the state time window shining, press the “+” and “-” key modify the set value, set range: 5-99 points, the default value: 30:00; Training mode 3: pour plan distance, set the state distance window shining, press the “+” and “-” key modify the set value, set range: 1.0 99.0 KM, the default value: 1.0 KM; Training mode 4: pour plan calories, set the state calories window shining, press the “+” and “-” key modify the set value, set range: 20-990 CAL, the default value: 50 CAL;

B) “P1-P8” for the system setup program, only in between the countdown training MODE, set the state time window shining, press the “+” and “-” key modify the set value, press the “MODE” button is reset to a default value, set range: 5-99 MIN, the default value: 30:00;

C) “FAT” for the body FAT test procedures, banned running machine run; Set a good training mode, press the “START” button, the screen display started 5 seconds countdown, and accompanied by five sound prompt

6.4 The countdown to 1, the treadmill started gently, slowly accelerate to the speed of display, and then run smoothly and evenly .

①[※] In operation, the press, "~~4~~" key or shortcut keys QUICK SPEED to adjust the treadmill speed; Press "▲"、"▼" QUICK INCLINE keys or shortcut keys to adjust the treadmill slope;

②In the P1-P8 in the speed and slope of each program is divided into 10 segments, each time by setting the time equally, buttons to adjust the speed or the slope after the current paragraph only effective in the conversion between sections in advance three seconds made three beeping sound. Program runs for 10 automatically stops the motor section, and accompanied by a long beep sound stops;

③In the motor running, then "START" button, the motor is running in the suspension and switch between two states. To restart the suspended state, the operation of data recording and process remain the same;

6.5In the motor running, press the STOP button, the motor slowly until smooth deceleration to stop, and stop with a long beep sound, all the settings back to default state;

6.6. In any state, pull out the lock, full screen --- and with the tone, immediately disconnect the power treadmill motor;

6.7. Electronic control system at all times in safety monitoring, as long as the abnormal, the operation of the emergency stop running the opportunity, the screen displays the exception message prompt, and accompanied by a tone;

6.8. Abnormal number of information display, press the STOP button, the system will remove a display of information;

## 7 Body fat testing methods:

While stopped, press the "PROG" key to select the program FAT, press the MODE button to select an item number and press "", "-" key to set the paramete.

7.1.Sex; Set range of parameters: "+" Choose MAN, "-" Choose WOMAN,  
The default is the machine men;

7.2. Age; Set range of parameters: 10-1 0 0 Years, Defaults: 25 Years;

7.3. Height; Set range of parameters: 100-1 9 9 CM, Defaults: 17 0CM;

7.4. Weight; Set range of parameters: 2 0-1 5 0 K G, Defaults: 70 K G;

7.5. BMI: Indicating the completion of parameter settings, 进 Into the body fat testing, and to place both hands around the handle of the heart rate sensor chip, wait 8 seconds, time display window will display the person's body fat ratio test (BMI), by Asian standards, body fat is less than 18 thin, 18 to 23 as ideal weight, at between 23 to 28 as overweight, and greater than 29 is obese (this data only as a sports reference);

## 8、 Program P1-P8 automatic speed and slope form

PROG	Time Data	1	2	3	4	5	6	7	8	9	10
		P1	SPEED	1.0	2.0	3.0	4.0	5.0	5.0	4.0	3.0
P2	SPEED	1.0	2.0	2.0	3.0	3.0	4.0	5.0	5.0	3.0	2.0
P3	SPEED	1.0	2.0	5.0	2.0	5.0	3.0	5.0	4.0	6.0	2.0
P4	SPEED	1.0	3.0	5.0	3.0	5.0	6.0	3.0	6.0	4.0	2.0
P5	SPEED	2.0	3.0	4.0	5.0	6.0	5.0	5.0	6.0	7.0	3.0
P6	SPEED	2.0	3.0	5.0	7.0	7.0	6.0	8.0	8.0	5.0	3.0
P7	SPEED	3.0	8.0	4.0	9.0	5.0	10.0	6.0	110	9.0	4.0
P8	SPEED	3.0	6.0	9.0	12.0	10.0	5.0	9.0	12.0	9.0	5.0

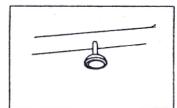
## 9、 Folding expansion and moving

Folding right hand lift running way ,when listen a sound with folding ,that means the machine can be folded. Expansion foot can click the pneumatic spring, right hand press the runnig way downward, that is expansion! Moving make sure treadmill is keyed strongly, hold the handlel, let treadmill deflect from the back, then can use moved wheel from the setting to move .



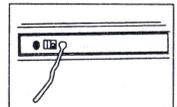
## 10、 level adjustment

Before assemble a whole treadmill,must adjust level, tighten up regulated feet cushion under the setting to let the setting can place steady, can't twobble.



## 11、 EMI Suppression of Switched

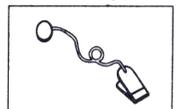
First let treadmill plug connet electrical socketoutlets, openpush button on the "I" place setting, then can start .



## 12、 Safe switch

Safe switch can avoid to happened some accident, before using ,must let one side of the safe switch must be

locked ,and the other side must clipped of the dress from user.



# 5、 MAINTENANCE

## 1. Lubricating :

Run with a period of time, you must use the special configuration of methyl silicone oil for lubrication.

Suggest: Use less than 3 hours per week	5 months lubrication 1
4-7 hours weekly	2 months lubrication 1
Use longer than 7 hours per week	1 month lubrication

Not too much lubricant, the lubricant is not better.

***Tips: reasonable treadmill lubrication is to improve the life of an important factor***

## 2. Lubrication method:

The lubricant on the need to check whether the way, as long as the running start with, as your hands touch the running back with the central, if your hands stained with silicone resin (a sense of slightly moist), which said they did not need to be on the lubricant, if the board is running dry and the hands do not stick to silicone, you need to add lubricant

### ● lubricant steps: (shown right)

- ① stop running with the operation, the folding machine;
- ② the back of the main frame with a run off; the oil can run as much as possible without stretching the middle, will run with a silicone spray on the inside to run on bothsides are coated with silicone. The use of



1km / h unning speed to run machine to evenly silicone, and running from left to right with a light step, about maintaining a few minutes to make silicone is running with fully absorbed.

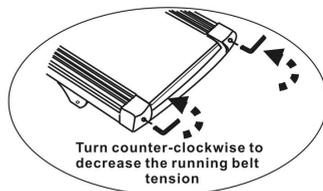
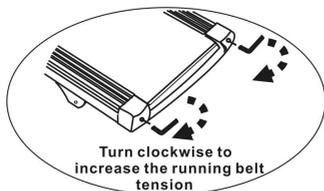
## 3. Run with elastic adjustment

All treadmill before and after installation at the factory to adjust to the run with, but use may also occur after a period of relaxation phenomena. Such as: pause when the user running slipping phenomenon. When this occurs, the half circle clockwise to the unit, run around with simultaneous adjustment adjustment bolts. Too loose to run with, then bring the foot in running, running Round belts and rollers produce skidding, but too tight is not good, is easy to increase the electrical load, damage to the motor, belt and rollers, etc. to run.

## 4. Running with deviation adjustment

All treadmill factory should be carried out before and after installation to run with adjustments, but after using it for some time deviation of the phenomenon may also occur, resulting in the phenomenon of the following reasons:*able treadmill lubrication is to improve the life of an important factor*

- ① Main frame placed not steady;
- ② Feet not on the center of the belt when running;
- ③ The strength from two feet is not even, forced deviation, after few minutes no-load rotation, the deviation can not be automatically restored. If not recover, may adjust it with the 6mm hex key in the Tool Kit ,to circle for a quarter of a gradual adjustment. See the figure in the following



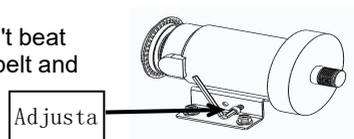
The running belt deviation is not within the warranty scope, mainly maintenance and adjusts according to the users' manual by the users. The deviation will be severely damaged to the running belt, must discover in time and adjust correctly promptly.

## 5. The adjustment to the motor belt

Before the entire machine leaving the factory, it's in the best position, but after a period running, the belt may become loose.

Adjust the step:

- (1). Use the wrench adjust electrical engineering stud bolt the agreeable hour hand turns to move.
- (2). Adjust the scope with take the load and don't beat slippery for precise. Note: Regular cleaning of belt and pulley groove. djustable screws



## 6. FITNESS DIRECTION

### 1. warm-up

Before exercise, please do extend exercise (NO Leaping and jumping), also can practice on treadmill slowly and slowly, that can enhance elasticity

### 2. PRACTICE TIME

- ① it is said by expert, the time of exercise with oxygen had better between 20-30 minutes! Basing on one's own condition and exercise purpose.
- ② If you exercise with seldom oxygen these years, need 5 minutes to warm up, then can increase your exercise time gradually
- ③ If your purpose is reduce weight, please do exercise low strength with long time is more better. ( reduce weight、reinforcement、sports achievement、keep energy、stature、improve sleeping、reduce pressure、cardiovascular endurance)

## 7、Electric treadmill and treatment of common faults

Fault Phenomenon	Failure	Processing method
System Does not work	A. No power	Connect the power, the power switch to "ON" position
	B. E table shows the adverse	Open the spreadsheet, re-adjust the display circuit board screw tightness
	C. Display back light but no content, no response safety lock	Replacement of electronic table
Sudden stop under normal operating conditions	A. Bad power supply	Check the power outlet and the indoor circuit
	B. Safety lock drop	Replace the safety lock
Key failure	A. Key damage	Replacement keys
	B. Key board screws loose	Open the spreadsheet, tighten the screws
	C. Key quilt top die attached, is not it rebound	Please open the spreadsheet maintenance personnel, re-adjust button circuit board screw tightness
E01	A. Bad communication lines	The communication line reconnection or replacement of a communication line
	B. Spreadsheet bad	Replacement of electronic table
	C. Poor motor control	Replace motor controller
E02	A. Bad motor cable	Check and reconnect
	B. Poor motor control	Replace motor controller
E03	A. Speed sensor is not installed correctly	Check and correct position
	B. Bad speed sensor	Replace speed sensor
	C. Speed sensor and the motor controller bad	Check and reconnect
	D. Poor motor control	Replace motor controller
E05	A. Treadmill overload	Find and remove cause of the overload;

E06	15V low voltage controller	A. Check transformer connection terminals, replace the transformer
		B. Check the 7815 output of 15V, replace the controller
		C. Confirm whether the power supply voltage does not match the treadmill
E07	Electronic form to the security lock signal is not detected	A. Check the safety lock is off-site; B. Check the micro switch are working properly; C. Check the micro switch cable is good contact
E09	Motor controller is not detected speaker line signal VR	A. Check the VR lines and connectors, replacement of the motor rose; B. Replace the controller

●In the event of special malfunction occurs, immediately disconnect the unit's power with the company dealer, we will provide timely and quality services

## 8、SERVICE AND PROMISE

### 1、 Product Warranty scope

- under warranty, under ordinary usage, product have something wrong.

### 2. One of following, out of warranty scope

- Something wrong by somebody
- Damage caused irresistible factors (such as flood, fire, earthquake, etc.
- Using with wrong way (Failure to use standard operation manual) or keep a wrong way. (such as there is water in the element of electrical circuit)
- Over the time of warranty scope