

Pilates equipment installation instructions



The package contains the product after unpacking

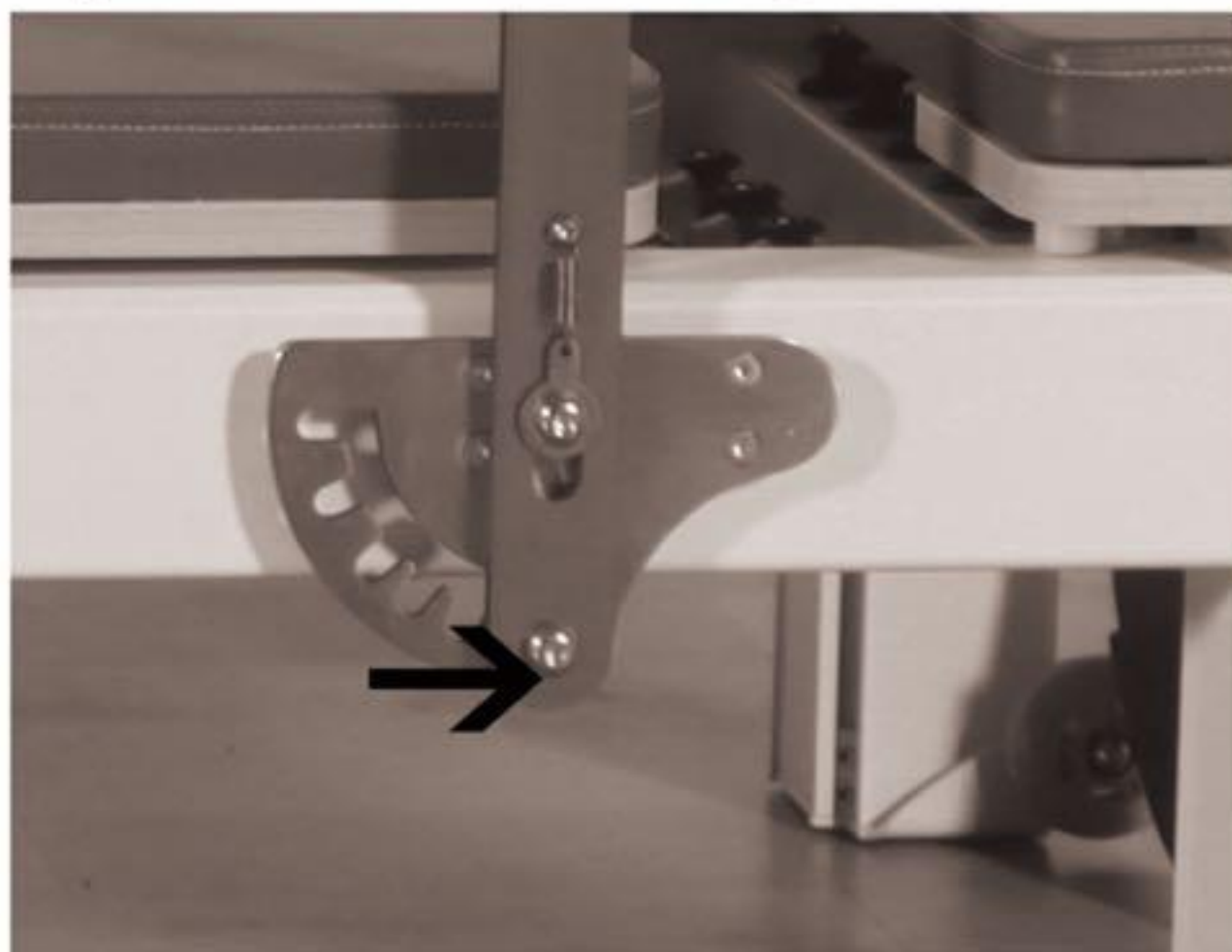
- ① reformer itself
- ② Larger jumpboard for a wide variety of plyometric
- ③ square box
- ④ foot platform
- ⑤ shoulder rest
- ⑥ pulley post/risers
- ⑦ The bag contains screws and tools
- ⑧ long foot strap
- ⑨ rope for hanging feet

installation steps:

1. You need to cut the tie rope and then install ⑥ to the main body ① and fix it with the 7.1 pin inside ⑦



2. Put the ① upper pedal bar upright and install 7.2 inside ⑦ to the pedal bar of the ① main body



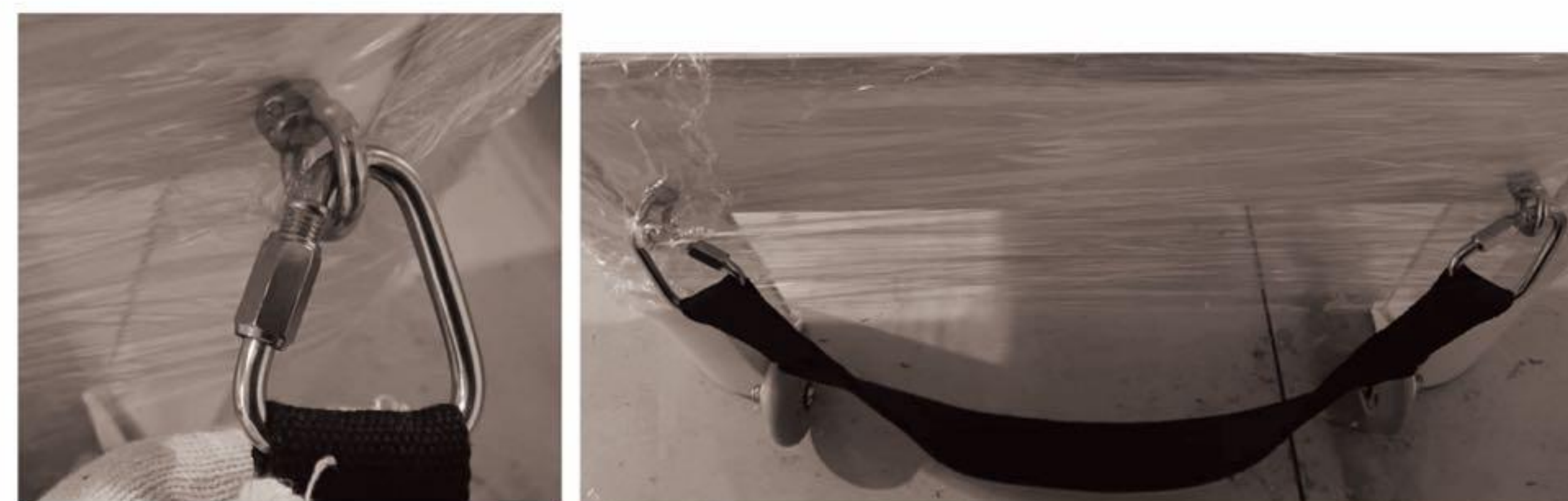
3. Install ⑤ on the pulley of ①



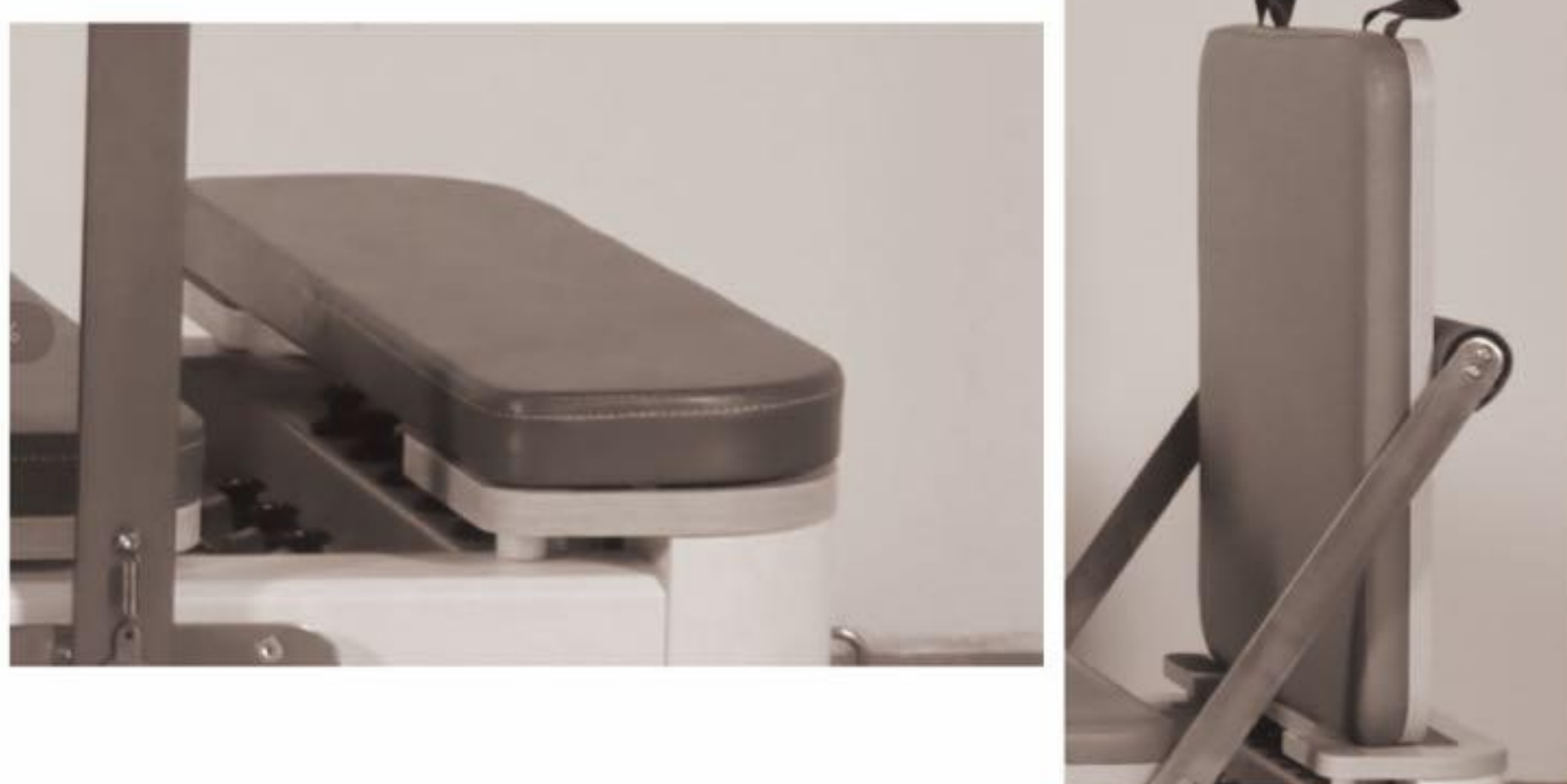
4. Pass ⑧ through ⑥ and clip it onto the rope holder



5. Unscrew ⑨ and hang it on the hook behind ①



5. ② and ④ are inserted into ① for replacement



6. ③ It can be placed according to your needs



7. 7.3 in ⑦ is a spare screw that can be retained



Installation complete picture